



## **SEX and RELATIONSHIPS EDUCATION** **(appendix to PHSCE Policy)**

Sex and Relationships Education at All Saints Benhilton Primary School follows the Southwark Diocesan Policy. It is a part of our PHSE Curriculum and is often part of the thematic approach to the curriculum.

*The Southwark Diocesan Board of Education policy statement on sex and relationship education is rooted in Christian values and reflects the diverse and inclusive nature of our Diocese. Effective sex and relationship education is essential if young people are to make responsible, confident and well-informed decisions about their lives. It should not be delivered in isolation. It should be firmly rooted within the framework of Personal, Social and Health Education (PSHE) and the National Curriculum. It should be taught within a moral, family-orientated and Christian context.*

*As part of sex and relationship education, pupils should be taught about the nature and importance of marriage and family life in bringing up children, and the significance of stable relationships as key building blocks of community and society. Care is taken to ensure that there is no stigmatisation of children based on their home circumstances.*

*Sex and relationship education is lifelong learning about physical, social, moral, spiritual and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.*

*Parents and carers are the key people in teaching their children about sex, relationships, and growing up. School works in partnership with parents and carers, consulting them regularly on the content and approach of this curriculum. Others in the wider community such as health professionals also have a valuable part to play. (This policy statement takes into account statutory and non statutory guidance issued by the DFE and the National Society)*

At All Saints Benhilton Primary School, a sex education video is shown to children in Year 6 as part of their sex and relationships education. Parents are invited to view the film before it is shown to the children so that they might have knowledge of their content. Members of the Sutton Schools Health Team assist in delivering sex and relationships education to the children.

The aims of Sex Education are as follows:

1. To be concerned with the education of the whole person, the physical, intellectual, emotional, cultural, moral and spiritual dimensions.
2. To support and help the children in understanding themselves, their development and to deal with their own circumstances.
3. To enable them to acquire the skills for making personal relationships and to develop coping strategies for managing feelings and dealing with stress, threat, enticement, and prejudice.
4. To help children develop as responsible people.
5. To help in the acquisition and understanding of knowledge about a range of matters associated with sex and sexuality. Implicit in this aim is the acquisition of appropriate terminology.

If, following consultation with the headteacher, parents wish to withdraw their children from all or part of the sex education provided, they may do so, except from the part which is required as part of the National Curriculum.